Overview of Maintenance Phase for Varicose Vein Treatment

Deep Scan
After Ablation (Thermal or Non-Thermal), we typically schedule a deep ultrasound scan:
• approximately 2-7 days following ablation

Ultrasound Guided Sclerotherapy
Two to three subsequent ultrasound guided sclerotherapy appointments are made to address refluxing saphenous tributaries following the ablation. Since “trapped blood” is a recognized side effect with the ablation and sclerotherapy procedures, these areas are also addressed at this time.

The pattern of scheduling we utilize is:
• 1-2 weeks following the ablation
• 3-4 weeks later
• and approximately 6-8 weeks later (if needed)

Maintenance Visits
Since venous insufficiency is a chronic condition, we do recommend periodic maintenance visits during the first year following treatment:
• at 3-6 months
• and at 12 months

These are meant to address any additional symptomatic, refluxing areas that may develop during the healing process following these procedures.

After the 12-month visit, we typically recommend follow-up:
• every 1-2 years for a routine ultrasound scan and follow-up visit with Dr. Schoonover and his care team

Thank you for choosing Indiana Vein Specialists® for your venous care!