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Better Options. Healthier Legs.®

## Overview of Maintenance Phase for Varicose Vein Treatment

### Deep Scan

After Ablation (Thermal or Non-Thermal), we typically schedule a **deep ultrasound scan**:

- approximately **2-7 days following ablation**

### Ultrasound Guided Sclerotherapy

Two to three subsequent **ultrasound guided sclerotherapy** appointments are made to address refluxing saphenous tributaries following the ablation. Since "trapped blood" is a recognized side effect with the ablation and sclerotherapy procedures, these areas are also addressed at this time.

The pattern of scheduling we utilize is:

- **1-2 weeks** following the ablation
- **3-4 weeks** later
- and approximately **6-8 weeks** later (if needed)

### Maintenance Visits

Since venous insufficiency is a chronic condition, we do recommend periodic **maintenance visits** during the first year following treatment:

- at **3-6 months**
- and at **12 months**

These are meant to address any additional symptomatic, refluxing areas that may develop during the healing process following these procedures.

After the 12-month visit, we typically recommend follow-up:

- **every 1-2 years** for a routine ultrasound scan and follow-up visit with Dr. Schoonover and his care team

*Thank you for choosing Indiana Vein Specialists® for your venous care!*

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