Overview of Maintenance Phase for Surface Vein Treatment

Initial Surface Treatments
On average, most patients need at least 2-4 surface treatments each leg, depending on severity

- These visits are initially scheduled approximately 10-14 days apart, but may be a longer interval depending on treatment response
  > Re-assessing treatment response is key in determining follow-up appointments
  > “New” veins may be noticed that were present slightly below the surface by the next follow-up visit
- We recommend compression stockings be used for 3-5 days following a surface treatment
- Avoid flying/long car trips (>6 hours) for at least 72 hours following a surface vein treatment
- Maximal response may not be noted for up to 3 months following completion of the initial treatment phase
- Please review post-care instructions with your provider and contact our office with any questions

Maintenance Phase
Venous disease, even when it is limited to the surface, is chronic and based on multiple factors, including heredity, hormonal status, and occupation. After completion of the initial treatment phase for surface veins, most patients need a follow-up visit approximately every 12-24 months. If there have been any changes in health status (i.e. pregnancy or significant change in hormonal based medications), an ultrasound re-evaluation may also be indicated.

Thank you for choosing Indiana Vein Specialists® for your venous care!