

Jeffery P. Schoonover, MD

FAAFP, RVT, RPVI, Diplomate, American Board of Venous and Lymphatic Medicine

Ryan Pilkey, FNP-BC



Better Options. Healthier Legs.®

Overview of Maintenance Phase for Surface Vein Treatment

Initial Surface Treatments

On average, most patients need **at least 2-4** surface treatments each leg, depending on severity

- These visits are initially scheduled approximately **10-14 days** apart, but may be a longer interval depending on treatment response
 - > Re-assessing treatment response is key in determining follow-up appointments
 - > "New" veins may be noticed that were present slightly below the surface by the next follow-up visit
- We recommend compression stockings be used for **3-5 days** following a surface treatment
- Avoid flying/long car trips (>6 hours) for **at least 72 hours** following a surface vein treatment
- Maximal response may not be noted for **up to 3 months** following completion of the initial treatment phase
- Please review post-care instructions with your provider and contact our office with any questions

Maintenance Phase

Venous disease, even when it is limited to the surface, is **chronic** and based on **multiple factors**, including heredity, hormonal status, and occupation. After completion of the initial treatment phase for surface veins, most patients need a follow-up visit approximately every **12-24 months**. If there have been any changes in health status (i.e. pregnancy or significant change in hormonal based medications), an ultrasound re-evaluation may also be indicated.

Thank you for choosing Indiana Vein Specialists® for your venous care!

O 317.348.3020 | F 317.863.1237

EAST: 11876 Olio Road, Suite 700, Fishers, IN 46037

WEST: 10485 Commerce Drive, Suite 100, Carmel, IN 46032

www.indyveins.com